



PER SERVING	Energy (kJ)	Protein (g)	Total Fat (g)	Fat- Sat.(g)	Carb (g)	Sugars (g)	Sodium (mg)
Kebabs							
Large Classic Beef	3186	39	38	19	62	10	1119
Large Classic Chicken	2507	41	20	6	60	8	1161
Large Classic Lamb	2864	44	28	15	60	8	1077
Large Classic Mixed	2852	41	29	13	61	9	1122
Large Classic Falafel	2440	26	11	1	91	9	1040
Regular Classic Beef	2557	31	30	15	51	8	902
Regular Classic Chicken	2023	33	16	4	50	6	935
Regular Classic Lamb	2304	35	22	12	49	6	869
Regular Classic Mixed	2294	33	23	10	50	7	905
Regular Classic Falafel	1931	20	8	1	73	7	822
Small Classic Beef	1526	18	16	8	34	5	541
Small Classic Chicken	1235	19	9	2	33	4	559
Small Classic Lamb	1388	20	12	6	33	4	523
Small Classic Mixed	1383	19	13	6	33	4	541
Small Classic Falafel	1285	13	6	1	49	5	546

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Signature Kebabs							
Large Beef Mexicana	4020	42	57	27	65	12	1377
Large Garlic Chicken	3436	56	36	14	63	9	1747
Large Greek Lamb	3576	54	41	23	63	9	1882
Large Meat Lovers	3191	42	29	13	81	27	1416
Large Original Chicken	4205	56	50	19	81	24	2051
Regular Beef Mexicana	3283	34	46	21	54	10	1157
Regular Garlic Chicken	2710	41	29	12	52	7	1365
Regular Greek Lamb	2867	43	32	19	52	7	1501
Regular Meat Lovers	2549	33	23	10	65	21	1126
Regular Original Chicken	3132	42	35	13	64	17	1516

The average adult daily energy intake is 8,700 kJ.



PER SERVING	Energy (kJ)	Protein (g)	Total Fat (g)	Fat- Sat.(g)	Carb (g)	Sugars (g)	Sodium (mg)
Large Snack Packs							
Beef	6607	62	105	46	89	10	1278
Chicken	5395	66	73	21	86	7	1353
Lamb	6032	70	88	38	86	6	1203
Meat Lovers	6035	66	90	36	87	8	1278
Regular Snack Packs							
Beef	4268	37	66	28	65	6	733
Chicken	3589	39	48	14	63	5	775
Lamb	3946	41	57	23	62	4	691
Meat Lovers	3934	39	57	22	63	5	736
Kebowls							
Beef Mexicana	2769	27	50	20	23	14	972
Garlic Chicken	2244	34	34	12	22	12	1179
Greek Lamb	2375	36	36	18	21	12	1321
Meat Lovers	2082	26	27	10	35	26	941
Original Chicken	2910	35	43	13	40	28	1509
Falafel	2608	24	30	7	61	15	1313
Pides							
Spinach and Feta	2660	28	23	13	80	6	1260
Garlic Chicken	2968	39	29	13	69	11	1204
BBQ Chicken	3052	39	24	9	89	10	1260
Meat Lovers	3052	35	27	14	81	13	1736

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Chips							
Family	3969	15	51	14	101	6	214
Large	2428	9	31	9	62	4	138
Regular	1323	5	17	5	34	2	71
Wedges	2967	13	40	12	69	3	199
Sandwiches							
Beef Sandwich	2251	24	20	9	64	5	902
Chicken Sandwich	1960	24	12	3	63	4	920
Lamb Sandwich	2113	25	16	7	63	4	884
Falafel Sandwich	2561	26	13	1	94	6	1176
BBQ Chicken							
Quarter Chicken	1402	48	15	4	0	0	748
Half Chicken	2805	96	31	9	0	0	1496
Whole Chicken	5610	191	62	17	0	0	2993
Quarter Chicken Meal	4066	56	43	10	86	45	1350
Half Chicken Meal	7027	109	76	19	135	66	2339
Whole Chicken Meal	13809	215	142	34	280	161	4663
Burgers							
Chicken Burger	2471	32	29	11	49	8	889
Chili Chicken Burger	2155	32	20	10	49	8	1101
Falafels							
Falafel 4 Pack	1102	14	9	1	32	2	538
Falafel 6 Pack	1653	21	13	1	48	3	806

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